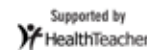


2011 Application



Blue Apple
Health Education Awards



The American Association for Health Education (AAHE) is pleased to announce the 2011 Blue Apple Health Education Recognition Awards Program. The awards program provides up to 12 schools with national recognition for their leadership and commitment in providing quality health education that promotes healthy behaviors and increased student learning for all students. Schools will receive the Blue Apple Award for Health Education. One of the recipients will be chosen to receive the Blue Apple Award for Health Education *with Distinction*.

Each year the *Blue Apple Health Education Awards Program* recognizes school health education programs that demonstrate best practices and show coordination with other components of school health. The awards program recognizes schools that serve as models of excellence for others across the nation.

Applications are reviewed by an independently selected AAHE School Health Education Recognition Awards Committee. Schools receiving a score of at least 80 points will be eligible to be recognized. A review team will visit the two highest scoring schools and the selection of a finalist will be based on the on-site review. A video will be produced of the *with Distinction* recipient.

Funding for the awards program is provided by HealthTeacher®.

The awards will be presented at the AAHE Awards Ceremony held at the Annual American Association for Health, Physical Education, Recreation, and Dance (AAHPERD) and American Association for Health Education (AAHE) Convention. All award-winning schools will receive:

- Up to \$1000 for travel expenses, convention registration fee, and luncheon ticket for a health education teacher to attend the AAHPERD/AAHE Convention and AAHE Awards Luncheon
- Up to \$500 for travel expenses, one-day guest registration, and luncheon ticket for the building principal to attend the AAHE Awards Luncheon
- 1 year free membership to AAHE (please select the health teacher you wish to join)
- 1 year free membership to HealthTeacher® with on-line training for teachers
- A recognition plaque and a banner for the school
- The names of all award-winning schools will be engraved on a plaque that is prominently displayed at the AAHPERD/AAHE office as an ongoing tribute to the contributions of the national health education award-winning schools to the health and well being of their students
- Essays from all award-winning schools will be published and made available electronically

The awards criteria are based on the best practices for the discipline as outlined in National Health Education Standards: Achieving Excellence and Characteristics of Effective Health Education Curricula (U.S. Centers for Disease Control and Prevention, Division of Adolescent and School Health).

Application must be received by November 1, 2010.

Schools will be notified by December 1, 2010.

School site visits will be December 8-10, 2010.

REQUIREMENTS

- Application is submitted by a **single** public school
- Application is signed by the **building** principal
- Applicants agree to highlight their exemplary program at a minimum of one professional meeting or conference at the local, state, or national level, if selected as an award-winning school

APPLICATIONS MUST DEMONSTRATE:

- Implementation of a comprehensive health education program that positively impacts the lives of students, and
- Coordination between health education and other components of school health

INSTRUCTIONS FOR SUBMITTING YOUR APPLICATION

All applicants should complete the application cover page.

Respond to all the sections listed on the DOCUMENTATION pages. The application may represent any combination of elementary, middle, and high school grades within a single school. For example, a school with grades 5-8 will apply as a middle school, and a school which includes only grade 2 will apply for an elementary school award. K-8 schools may complete both elementary and middle school applications or choose to apply for only one level.

This PDF file is an electronic form. Using Acrobat Reader, you will be able to open the form, enter your information and submit. You will see areas shaded in blue, where you will type in your information on-screen. If you need to save your file and return to it later, click File, then Save As Copy. Save a copy to your desktop and use this copy to continue filling out the form at a later date. To submit electronically, make sure your final version is saved and attach your completed application to an email along with your other related attachments. To submit via mail, just open your completed file and print the required number of copies.

Limit your responses to the maximum number of pages indicated per lettered section. **Clearly label any attachment** in the upper right-hand corner with the letter and number as indicated. Several items require a chart or a check list to be completed. Simply check your response directly on the application. This will not count toward the total number of pages.

In some cases, applicants have the option of providing documentation with either a written narrative or an attachment(s). For example, when responding to item C.1, you may describe in narrative form or provide one or more documents showing administrators' support for health education. Using this PDF, you will be able to type in the text boxes provided for narrative responses.

Use the **permission forms** located in the last pages of this document to submit quotes from students, teachers and administrators. Make copies and attach signed forms.

All materials must be typed and single-sided. Type may not be reduced below 12 point. Do not submit applications in a cover or binder.

The materials may be submitted two ways: electronically or by mail.

Electronic submission:

Applications sent electronically must contain the cover page, application and all supporting documentation, labeled as directed, in a single email. Electronic signatures will be accepted, except on permission forms.

Mailed submission:

Mailed applications must include the original and **FOUR** copies. All components of the application must be submitted at one time and in one package. All attachments should be appropriately labeled and in correct order. Do not staple – place a rubber band around each set.

Applications must be received by November 1, 2010.

Requests and questions may be addressed in writing to Katherine Wilbur at:
kathy.wilbur@healthiergeneration.org

American Association for Health Education
2011 BLUE APPLE HEALTH EDUCATION RECOGNITION AWARDS PROGRAM

Application Cover Page

SCHOOL _____

DISTRICT NAME _____

GRADES INCLUDED IN THE SCHOOL _____

LEVEL APPLYING FOR ___ ELEMENTARY ___ MIDDLE ___ HIGH SCHOOL

NUMBER OF STUDENTS SERVED IN SCHOOL _____

BUILDING PRINCIPAL _____ EMAIL ADDRESS _____
first & last name

TEACHER SUBMITTING APPLICATION _____
first & last name

SCHOOL NAME OR OFFICE _____

PHYSICAL ADDRESS _____

CITY _____ STATE _____ ZIP _____

MAILING ADDRESS (if different) _____

CITY _____ STATE _____ ZIP _____

TELEPHONE _____ FAX _____

EMAIL ADDRESS _____

UPON RECEIVING THE AAHE BLUE APPLE AWARD FOR HEALTH EDUCATION, WE AGREE TO PRESENT AT ONE PROFESSIONAL MEETING OR CONFERENCE WITHIN 12 MONTHS: ___ YES ___ NO

SIGNATURE OF BUILDING PRINCIPAL _____ DATE _____

COMPLETED APPLICATIONS SHOULD BE SENT BY EITHER MAIL OR E-MAIL TO:

MAIL:
AAHE
ATTN: Blue Apple Award
1900 Association Drive
Reston, VA 20191

EMAIL:
aahe@AAPHERD.org
Subject: Blue Apple Award Application

APPLICATIONS MUST BE RECEIVED NO LATER THAN NOVEMBER 1, 2010.

DOCUMENTATION FOR HEALTH EDUCATION MIDDLE SCHOOL LEVEL

Respond to each of the following sections. Limit your total response to no more than the number of pages indicated per lettered section.

ATTACHMENTS ARE NOT INCLUDED IN THE PAGE COUNT

A. ESSAY (Limit 300 words) (10 Points)

Provide a brief summary of your health education program and its value to students. (All or portions of the essays may be published and become the property of AAHE/HealthTeacher.) **Enter your essay in the text box below for Section A.1.**

B. A dedicated, comprehensive, skills-based health education course is required for every student across all middle school grades for at least one term/grading period each year. (10 points)

1. Indicate how many weeks comprise one term or grading period in your school.
_____ weeks

2. Indicate minutes per week and number of weeks per year students are required to participate in health education at each grade. Only reply for grades in your school building.

Minutes per week	Number of weeks
5 = _____	_____
6 = _____	_____
7 = _____	_____
8 = _____	_____
9 = _____	_____

3. Describe one health lesson that includes skills-based instruction. (skill-based instruction is student-centered and facilitates skill development.)
Use the text box below for B.3.

4. Using the text box below, include a quote from one to three students that captures the importance of health education to their learning experience. Permission to use quotes must be provided on the enclosed release form. Label the permission form(s) B.4.
Use the text box below for the student quote(s):

C. Health education is supported by administrators. (10 Points)

(LIMIT ONE PAGE or 3 ATTACHMENTS)

1. Provide documentation of how administrators support health education. May be a written narrative or attachment(s). Include a quote from your principal, school superintendent and/or school board member that can be used for promotional purposes. Permission to use quotes must be provided on the enclosed release form. Label permission form(s) and any other attachment(s) C.1.

Use the text box below for narrative documentation in Section C.1.

D. Health education curriculum is aligned with national/state/local health education standards. (10 points)

1. Describe how your health education scope and sequence, curriculum map or pacing guide align to national and/or state health education standards. **Use the text box below for section D.1.**

E. Health education curriculum and instruction are comprehensive and follow best practice. LIMIT: 2 PAGES. (15 points)

Document how your health education curriculum and instruction address:

1. Reducing risk-taking behaviors, strengthening protective factors, and reinforcing health-enhancing attitudes and beliefs
2. Personal and social skills to enhance health, including communication, decision-making, goal-setting, and advocacy skills
3. Instructional strategies that focus on adopting and maintaining specific health skills in a variety of health content areas
4. Multiple opportunities to learn and practice health-enhancing skills across grades
5. Culturally-appropriate materials

Using the numbers and headings above, please use the text box below for narrative for Section E. Text box continues on Page 6.

[Empty rectangular box for narrative text]



F. All students are assessed in health education and results are reported on the report card every term that health education is taught. LIMIT: 1 PAGE. (10 points)

1. Describe the variety of health education assessment methods used.
2. Describe, in detail, one health education performance assessment that is administered to students in your school. Indicate which grade the assessment is administered.
3. Attach a student report card template with health education listed for every grade that health education is taught. Label attachment(s) F.3.
Using the numbers and headings below, please use the text box below for narrative in Section F.1 and F.2.

G. Middle school health education teachers are certified/licensed to teach health education. (10 Points)

4. Indicate how health education is delivered at your school (check all that apply):
Taught by health education specialist(s)
Taught by physical education/health education teacher(s)
Taught by science/health education teacher(s)
Other: (please describe)
5. Are all teachers providing health education in your school certified or licensed by the state department of education to teach middle school health education? yes no
6. List the name and licenses/certificates of your school's health education teachers:

Teacher Name	License Certification Designation
_____	_____
_____	_____
_____	_____
_____	_____

H. Professional development and/or learning opportunities are provided to those who teach health education in your school. (10 Points) (LIMIT ONE PAGE or 5 ATTACHMENTS for H.1).

1. Describe examples of professional development that your school has offered or trainings that health education teachers have attended related to health education during the past 3 years. **Please use the text box on page 9 for your response.**
2. Include a brief statement from each health education teacher indicating how their professional development has enhanced their teaching and student learning. (50 words or less) **Please use the text box below for your response.**

I. Health education is coordinated with other subjects and services in your school. (15 points)

(LIMIT TWO PAGES for I.1 and I.4 – DO NOT COUNT ATTACHMENTS) **Please use the text box on page 10 for your response.**

1. Describe how health education content is integrated into other subject areas, such as math, language arts, social studies, etc. and describe a lesson from at least 2 of the subject areas that illustrate how health messages are integrated across the curriculum.
2. Indicate whether your school **building** has a School Health Leadership Team, School Health Advisory Council or School Wellness Committee:
Indicate: yes no
If yes, name of group: _____
Does the school level group include at least one health education teacher?
Indicate: yes no
3. Indicate whether your school **district** has a School Health Leadership Team, School Health Advisory Council or School Wellness Committee:
Indicate: yes no
If yes, name of group: _____
Does the district level group include at least one health education teacher from your school?
Indicate: yes no
4. Describe how the health education program is coordinated with other aspects of school health such as physical and behavioral health services; physical education and physical activity; nutrition services; family and community involvement; and school employee wellness.

Use this text box for Section H Narrative. LIMIT ONE PAGE.

A large, empty rectangular box with a black border, intended for a one-page narrative.



Use this text box for Section I.1 and I.4 Narrative. LIMIT TWO PAGES.

A large, empty rectangular box with a black border, intended for the user to enter a narrative for Section I.1 and I.4. The box occupies most of the page area below the header and above the footer.



[Empty text area for narrative continuation]